



2014 Victoria Park Duathlon Series Important Information

Victoria Park Dates: 25 May | 13 July | 31 August

- Hammer Nutrition Long Course:
8km | 33.55km | 4km (15+ years of age)
- Powerhouse Sports Short Course:
4km | 21.35km | 2km (13+ years of age)
- Nippy's Jog and Slog:
2km | 9km | 1km (12+ years of age)
- Nippy's "half" Jog and Slog:
500m | 3km | 500m (7-12 years of age only)



<u>Registration opens:</u>	7:00am
<u>Transition area opens:</u>	7:00am
<u>Transition area closes:</u>	7:50am (Jog n Slog, half JnS) 8:20am (SC/LC)

<u>Race Briefings:</u>	
Jog and Slog/half JnS	7:50am
Long Course-	8:20am
Short Course-	8:50am



Fees:

- a. Long Course, TA member: \$65.00
 - b. Long Course, Non-TA member: \$85.00
 - c. Short Course, TA member: \$50.00
 - d. Sort Course, Non-TA member: \$60.00
 - e. Jog n Slog, TA member: \$25.00
 - f. Jog n Slog, Non-TA member: \$30.00
 - g. Half Jog n Slog : \$15.00
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- 2. Online registrations late fee of \$10 applies from 9.00pm Thurs before each race (ie. 22/5; 10/7;28/8)
 - 3. Online registrations close at midnight Friday before each race (ie. 23/5; 11/7;29/8)
 - 4. Race day registration (off-line) additional late fee of \$20 (LC/SC), \$10 (JnS) cash only.



Race Starts:

Jog and Slog/half JnS 8:00am
Long Course - 8:30am
(or immediately the last JnS bike is in transition)
Short Course- 9:00am

Age Categories

**Jog and Slog- 7-8 (half OR teams entry only); 9-12 (reduced distance),
under 40 and 40 +**
Short Course- 13-15; 16-19; under 40 and 40 +
Long Course- OPEN; 15-16;-17-19yo; 20-24: etc...

